

**A  
Guide  
to  
High School  
Hockey**



[www.mhsaa.ca](http://www.mhsaa.ca)



### Mission

To promote the benefits of participation in high school sport by providing athletic and educational opportunities that will allow the athlete to reach his/her full potential.

### Vision

The Manitoba High Schools Athletic Association believes in the goals of education and that participation in sport plays an integral role in the total education of the student. The Association encourages the high school student to participate in activities that will assist in the realization of physical, social, and emotional values.

### Aims

- to encourage participation and excellence in high school sport
- to teach educational values to high school student athletes
- to promote the value of high school sport in Manitoba
- to encourage and promote volunteer involvement in high school sport
- to seek corporate and community support for the Association

The Manitoba High Schools Athletic Association would like to thank the following organizations for providing material used in this guide:

Maine Principals Association  
Massachusetts Interscholastic Athletic Association  
National Federation of State High School Associations

## FOREWORD

This guidebook is published by the Manitoba High Schools Athletic Association to assist school administrators, physical education departments, coaches, parents and players. This guidebook is not a substitute for the MHSAA Handbook, but rather is intended as a supplement to it. The book is intended as a guide for season-long awareness, communication and as a resource.

We strongly urge all schools to hold a preseason hockey meeting for team members, parents and all members of the team staff. We would urge the school principal, physical education department head and head coach to outline specific goals and objectives relating to desired sportsmanship and game behaviour. Particular emphasis should be placed on the fact that there are **significant differences** between high school hockey and Bantam or Midget hockey.

When a student skates onto the ice to play a hockey game, his or her actions (e.g. style of play) and behaviour are representative not only of his or her own personal character, but also reflect his or her school, parents, coaches, the community, teachers and fellow students. Hockey is an exciting game which should be enjoyed by participants and fans. It should be remembered by players, fans, coaches, officials, parents and everyone associated with the sport that high school hockey is as different from professional hockey as high school wrestling is from professional wrestling. High school hockey players not only compete, they are more importantly, students, who represent the best qualities of school spirit, performance and pride.

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## MANITOBA HIGH SCHOOLS ATHLETIC ASSOCIATION

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## HIGH SCHOOL HOCKEY IS DIFFERENT

To the parent and student, hockey has been, and continues to be, an expensive sport. For many high school hockey players, over \$10,000 has already been "invested" in mileage costs, new skates, arena rentals, league fees and continually outgrown equipment. Before high school, the student probably has played several years in a minor hockey program, and possibly some time in summer hockey programs as well. He or she has also most likely been a fan at junior and professional hockey games.

Given this background, it is imperative that high school coaches, Phys Ed. department heads and administrators devote time to explain and communicate with hockey players, fans, and especially parents, the high school interscholastic sports philosophy. This philosophy, and rationale for MHSAA and local school rules regarding number of games, eligibility regulations, and player conduct also should be explained.

Coaches and administrators must pay particular attention to clarifying the differences between high school hockey and its Bantam or Midget counterpart.



## RESPONSIBILITY OF THE PRINCIPAL

The home team's Principal (or designate), not be a member of the hockey staff, should be present at all games. These school officials are supervisors who are seeking desired objectives, be they spectator behaviour, team sportsmanship or facility conditions and environment. This representative is the Site Manager.

The Site Manager, working with arena personnel, other school personnel, security and the coaching staff should:

- Welcome the visiting team.
- Oversee enforcement of rules for spectators.
- Assure that game officials, proper medical personnel, and other conditions are in place before authorizing the start of the game.
  - Be in possession of the rules (including the C.H.A. Rule book, the MHSAA Handbook and this guidebook) and the game sheet.
  - Be in charge of and responsible for all "off ice" functions and activities associated with the game (e.g. players sent to the dressing room should be accompanied by a member of the school staff).
  - Represent the interests of the host school and seek those goals and objectives shared by MHSAA member schools.

To ensure proper behaviour of players, coaches and spectators, PRINCIPALS AND ADMINISTRATORS should:

- Insist that assigners send officials who demand exceptional behaviour of participants.
- Plan to have more than one visible school/athletic administrator at all home hockey games. This is imperative for games involving local rivals and playoff games (including Provincials).
  - Insist that coaches remove players from games whose behaviour or language is unacceptable (even if this unacceptable behaviour is not observed or penalized by the referee).
  - Demand that referees officiate consistently and not according to the score, and that all violations are penalized.

**It is recommended that no hockey game be scheduled to start earlier than 4:30 p.m. on a school day, and no later than 8:00 p.m. on any day.**

## PARENTS

Reminders for the parent of an interscholastic athlete:

- Do not force an unwilling youngster to participate in a particular sport.
- Remember, young people are involved in school sports for their enjoyment, not yours.
- Encourage your child always to play by the rules.
- Teach young people that honest effort is as important as victory so that the result of each game is accepted without undue disappointment.
- Turn defeat into victory by helping young people work toward skill improvement and good sportsmanship. Never ridicule or yell at your child for making a mistake or losing a game.
- Remember that young people learn best by example. Applaud good play by your team and by members of the opposing team.
- Do not publicly question the referee's judgment and never his or her honesty. They do not question your integrity.
- Inappropriate language and/ or gestures towards officials, opponents, and/or other spectators is unacceptable. Parents work hard to make their children responsible adults, who respect others. Please show good sportsmanship, not doing so sends mixed messages to your child.
- Recognize the value and importance of coaches and referees. They give of their time and talents to provide recreational activities for young people with relatively small (if any) financial reward.
- Understand that your conduct at hockey games reflects on your son or daughter and his or her school. Being under the influence of alcohol at a game is not acceptable, nor appreciated.
- Deal with any questions or concerns only through the proper channels, i.e. the Head Coach and the Principal.

# COACHES

Coaches are representatives of the school and community. As such, they should subscribe to the rules and procedures desired by the school, its administration and the MHSAA. The behaviour and attitude of the coach sets the tone! Inappropriate language or behaviour should be forbidden in the bench or around the rink.

Coaches should be familiar with C.H.A. rules and all MHSAA regulations.

If the coach is an out of school coach he or she should also meet with the principal to discuss their role and the school rules and philosophies towards participation in school athletics.

Remember: any Game Misconduct automatically includes an automatic one-game suspension (at least).

Bench: a maximum of 19 dressed players and four staff are allowed on the bench. If the Head Coach is ejected, the Assistant Coach is in charge. In addition to the players, only a head coach, assistant coaches, trainer and manager are permitted on the bench. All coaches and bench staff must meet all CHA minimum standards.

**Coaches should accompany their players from the locker room to the bench before each game and between periods. After the game, the coach and team should leave the arena as a group. A coach should remain in the parking lot until all players have departed.**

The coach must be certain that all players have the proper equipment.

Coaches should seek a cooperative and professional relationship when speaking with officials.

If criticism, or compliment, of an official is necessary, this must be written after the game and forwarded to the league commissioner and referee-in-chief.

Good sportsmanship is a **priority**. If we label it a priority, it is what we get done.

Coaches, you are in the spotlight. Judge accordingly.

- Support the CHA's **ZERO TOLERANCE** policy, even though it may inhibit your own actions.
- **COMMUNICATE** with parents about good sportsmanship in preseason and during the season events.
- Push **PRIDE**.
- Accept responsibility of being the **LEADER** in controlling the conduct of the team.
- Show **RESPECT** at all times.
- Set consequences for undesirable conduct, and deal with violations by players immediately, and consistently.
- Involve parents' groups in a **POSITIVE** way.
- Provide time in practice for instructions of proper conduct.
  - On and off the ice.
  - Talk/teach good sportsmanship and good conduct.

## Code of Ethics for High School Coaches

### **I WILL:**

- Build a personal philosophy based upon values, not necessarily worldly success;
- Enlarge my technical knowledge, and strive to develop wisdom and competency in all areas of the profession;
- Enhance and protect the physical and mental well-being of my players;
- Teach players to respect self, teammates, opponents and officials;
- Instill in players a desire to know and live by the spirit of the rules of the school, team, and of sports; and to obey the law of the land;
- Help create an atmosphere of friendly competition where sportsmanship and honour transcend victory or defeat;
- Cooperate with administrators, staff and other coaches in maintaining and improving the educational quality of our school;
- Transmit to my players a love of athletics and a love of life.

Wilbur T. Braithwaite, Head Varsity Basketball and Tennis Coach, Manti H.S., Utah (1951-1988). From National Federation News, October 1991.

## REFEREES

Referees must be knowledgeable of CHA and MHSAA rules.

Referees are "in charge" and should demand an appropriate HIGH SCHOOL game of hockey. Interscholastic sport is justified only because it is a school activity where education occurs. Exceptionally good sportsmanship should be demanded of players, coaches, fans and of course referees..

It is recommended that prior to the season, referees participate in a clinic with coaches and team captains to explain rule changes, to promote good sportsmanship, and to explain the role of a high school hockey referee. It is also strongly recommended that teacher/supervisors attend this session, in order to develop a positive dialogue.

The referees should have the captains meet at centre ice before the game to discuss desired sportsmanship, shake hands, and have official introductions. (Introductions should be conducted with helmets removed). It is required that referees remain on the ice until all players have left the ice, either between periods or at the end of the game.

Referees should call a tight, appropriately played game. Officiating should be in accordance not only with CHA rules, but with the educational philosophy desired in high school, as opposed to other levels of hockey.

All major, 10-minute misconduct, game misconduct or match penalties must be noted on the scoresheets. The officials must report game misconducts and match penalties to their assignor.

It is recommended that referees not allow players to bang sticks on the ice or on the boards after a goal, for opponent penalty, etc. Referees (and coaches) should discourage the throwing of sticks, piling on, etc. after a victory or goal. Inappropriate language, taunting gestures and provocative behavior by players or coaches are not to be tolerated.

## SPECTATORS

- It is recommended that separate areas be set up for fans of opposing teams. School personnel should actively monitor these areas and the parking lots - before, during and after the game.
- Hats, coins, paper wads, confetti and other objects are not to be thrown on the ice. This undesired action is dangerous to players. Persons guilty of this misbehaviour should be immediately removed from the rink and appropriately disciplined. (Schools are encouraged to restrict admission of spectators whose behaviour is inappropriate.)
- The use of profanity, objectionable cheers or gestures is strictly forbidden. Taunting slang which resembles profanity or any actions that may be insulting to others must be prohibited. Positive school spirit is, however, an objective that all MHSAA schools share.
- Because the arena is usually away from school grounds, it is urged that easily identified school-sponsored signs be posted which clearly outline the expected behaviour and desired sportsmanship. **Spectators must be made aware that the arena is an extension of the school and as such that all school rules (and MHSAA rules) apply and will be enforced.**

### Reminders for the spectator:

- Remember that young people participate in organized sports for their own fun, not to satisfy adults or members of their peer group.
- Be on your best behaviour. Do not use profane language or harass players, coaches or referees.
- Applaud good play by your team and the opposing team.
- Show respect for your team's opponents.
- Never ridicule or scold a player for making a mistake during the game.
- Condemn the use of violence in all forms.
- Respect the referee's decisions.
- Encourage player to play according to the rules.

## PLAYERS

The act of putting on a hockey uniform, a pair of skates, a protective helmet for safety, and a stick to play the game, does not grant a hockey player special privileges to forget about his or her responsibility and to disregard the larger purpose of participation, namely good sportsmanship and good clean competition. Wrongfully, many players consider the arena outside the jurisdiction of the school, and its codes of behavior. School rules (and MHSAA rules) do apply and will be enforced as if the event was held on school grounds.

Protective gear, from mouthpieces to protective pads, exist to prevent injury from accidents that may arise in the highly exciting contact sport of ice hockey and not to initiate or defend against intentional "cheap shots" or fights.

Hockey sticks are intended for the movement of the puck away from your own goal and into your opponent's net. High sticks cannot touch the puck. Sticks are not for cheering, jeering or banging on the ice and no stick is intended to be used as a weapon against an opponent.

Players who have nothing positive to say should say nothing. Inappropriate gestures or taunting do not show respect. Players should show respect during the entire National Anthem, towards officials, and opponents before, during and after the game. Swearing and spitting are not acceptable in any high school sport. Learning respect and responsibility for one's actions are major objectives of all high school competitions.

There are no reasons why good high school hockey players cannot abide by the rules. The purpose of the rules is to provide good clean competition -- thus if players break the code of good sportsmanship, the result is punishment and disgrace, not only to themselves but also for teammates, their parents, their school and the community they represent.

High school sport has been sponsored by high schools because of the belief that it has both educational and recreational value for high school students, which is significantly worthwhile. Games have been considered a diversion from curricular studies for high school students and a recreational pastime for students and adult fans. It is paramount that high school sport competition be kept in its proper perspective and that the significance of this interscholastic competition not be given too much importance.

## OFF-ICE OFFICIALS

Qualified individuals should be assigned to keep time, the score sheet and supervise the penalty box. At least one adult, preferably a game official or school official should either perform one of these functions, or be nearby in case of difficulty. This adult, if working at the timekeeper's bench, should be considered a secondary game official, and assist in the identification of fan misbehaviour and alert officials to inappropriate behaviour, language or gestures by players serving time in the penalty box or on the benches.

The public address announcer should display the same positive goals desired in all interscholastic competition.

The scorekeeper shall prepare the game sheet and distribute the copies to the appropriate persons. Names of players receiving misconduct penalties (or worse) must be recorded on the sheet.

The CHA rulebook and MHSAA handbook should be at the scorekeeper's bench during the game.

## 2004 Provincial High School Hockey Championships

"A/AA"

March 12, 13 & 14, 2004

Swan Lake Arena, Swan Lake Manitoba

Host: Westmount Collegiate

"AAA/AAAA"

March 14, 23 & 24, 2004

St. James Civic Centre/Winnipeg Arena, Winnipeg,  
Manitoba

Host: Kelvin High School

## REGISTRATION PROCEDURE

All high schools that have hockey teams, must enter an on-line MHSAA eligibility sheet before the deadline date (Mid November – no additions after November 15<sup>th</sup>). All teams are also required to submit a completed Hockey Manitoba roster sheet to their regional hockey office before the season begins.

Players may not be listed on two rosters at the same time. A player must obtain a release prior to playing for another team. Once a player has "signed", he or she can not practice with another team until a release has been obtained.

## AFFILIATED PLAYERS

The MHSAA recognizes that in some instances a high school hockey team may require the use of AP's. The use of affiliated players however is intended only when a high school team has a shortage of players due to injuries, suspensions, etc. The use of affiliated players is not intended to bring up players to bolster the strength of a roster, nor to increase playing time for selected bantam players. Only 2<sup>nd</sup> year bantam players and midget players may AP

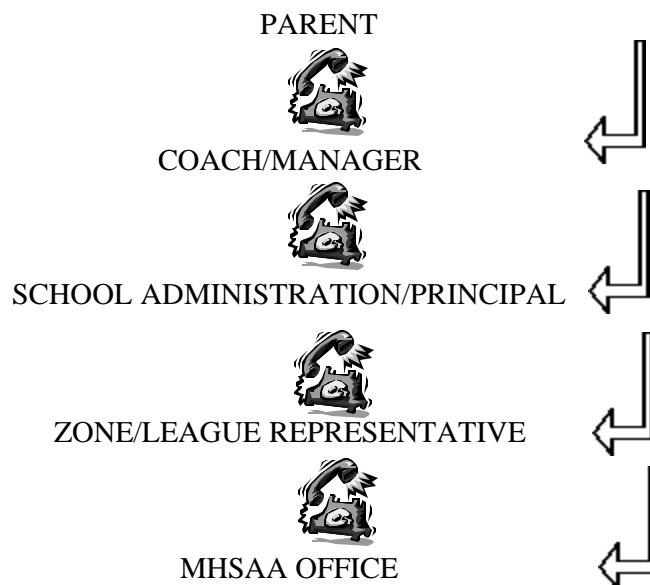
Grade 9 (S1) players may not roster with a high school team. Second year bantams, if they are in grade 9 (S1) may AP.

The high school team's first priority is to its existing roster players. Any school using AP players in place of regular rostered players may lose the privilege of using their AP players. Remember, AP's are a privilege to use and should be utilized as such.

A player may be affiliated to one team only (for example, a bantam player could not be affiliated to a high school, a AAA team, and a senior community team). When using an AP, the team requesting the use of the AP must contact the AP's coach prior to use every game. There is no such thing as a blanket sanction use of AP's. The player's roster team has the right of refusal. Coaches not honoring this procedure may be subject to sanction from the MHSAA. A player letting you know that the other coach said it was OK, is not sufficient.

There is unlimited affiliation from bantam and midget to high school. A high school player may AP 5 games to AAA or Junior. The five games begins at the start of the AAA or Junior season.

## COMMUNICATION FLOWCHART



\*PARENTS SHOULD TAKE ALL CONCERNS AND/OR QUESTIONS THROUGH THE COACHING STAFF AND SCHOOL. THE MHSAA WILL ONLY HEAR CONCERNS AND/OR QUESTIONS THAT COME TO THEM THROUGH THE SCHOOL

## ELIGIBILITY

Students must be under 19 years of age as of midnight on August 31 of the current school year.

- Students are eligible to participate for four years. The four year period begins when the student enters Senior 1 (Grade 9) and continues consecutively from that point.
- A student may only play for the school they were enrolled in as of September 30 of the current school year. Any students who transfer after that date must apply to the MHSAA Appeals Committee in order to be eligible to play at their new school.
- Students must be certified by their Principal as bona fide students and as meeting all eligibility requirements.
- The team must be properly certified under the applicable zone and/ or league requirements (and Hockey Manitoba criteria).
- All teams must be made up of bona fide students of that school, unless provided by exception of the regulation.
- Teams must meet sanction requirements as stated in the regulations.
- In case of exceptional circumstances, teams may apply to the MHSAA Board of Directors for special eligibility consideration.
- All teams must submit their eligibility sheets to the MHSAA office by November 15 of the current school year. No additions are permitted after that date.
- Any school that uses professional athletes, ie those being remunerated for their participation, will be ineligible for MHSAA competition.

## CO-OP SCHOOLS

The intent of permitting schools to co-op is to allow two schools (possibly three) to combine so they have enough students to form a team. The purpose of co-oping is not to have schools combine to have a better team, nor to allow schools to combine so they can have larger tryouts and then cut a number of students.

- Combined population (S1-S4) does not exceed 350 students.
- Co-op is limited to "A" and "AA" schools only.
- A maximum of three schools may combine to form one co-op.
- The team must go under one school name - a new name cannot be created.
- A request from the administrators of schools involved has been forwarded to the MHSAA office.
- A letter of support from the zone president accompanies the application.
- Co-oping can occur for a single sport and a single gender in a school.
- The co-op must be planned to occur for a minimum for three years (schools cannot co-op with one school for one year then switch to another school the next).
- The schools must maintain administration of the co-op (it can not be run and controlled by a parents group)
- The co-op must be beneficial for all teams in the area.

The MHSAA management committee will review all co-op applications. The decision of the management committee is final. The committee has a right to monitor co-ops, and if it feels a co-op is being abused, has the right to revoke the co-op or place a school on suspension or probation.

# HOCKEY MANITOBA/MHSAA LETTER OF AGREEMENT

This letter outlines the conditions and manner in which high school hockey will be structured and administered in the Province of Manitoba between the Manitoba High Schools Athletic Association (MHSAA) and Hockey Manitoba.

It is agreed that Hockey Manitoba and the MHSAA shall work together in a positive manner to ensure the advancement of hockey through positive leadership.

**1. The Manitoba High Schools Athletic Association shall establish and govern rules and regulations for the formation and operation of high school hockey teams.**

2. The MHSAA will be responsible for Provincial High School Championships.
3. The MHSAA shall ensure all high school hockey team members are registered with Hockey Manitoba on certificates or rosters approved for this division of play.
4. All teams shall register with their respective Hockey Manitoba Zone Registrar.

East Zone:	Eastman Region, Interlake Region, and Central Plains Region
Central/West Zone:	Pembina Valley Region, Westman South Region, and Brandon Region.
North/Central Zone:	Yellowhead Region, Parkland Region, and Norman Region
City of Winnipeg:	Winnipeg Minor Hockey Association

5. Players registered in the current or previous season with a minor hockey club team shall secure their release prior to participating with and or signing a high school team roster or registration certificate. Players that are midget aged are eligible to play for the school that they attend. Players who leave their home association to play for a High School team, as a result of schools of choice, must notify the Association President in writing where he/she played/resided the previous season.
6. Players registered in the current or previous season with a high school team shall secure their release prior to participating with and or signing a minor hockey club team roster or registration certificate.

**Note:** Players unable to secure their release from their minor hockey association or high school team have the right of appeal to Hockey Manitoba (Registration Appeal).

7.
  - i) All high school teams must have a minimum roster size of 10 players (one must be a goaltender).
  - ii) Winnipeg High School teams will have a maximum roster size of 19. Affiliate players will be limited to 4.
8.
  - i) Male high school hockey will be placed between AA and AAA Midget on the hockey ladder for the purpose of affiliation.
  - ii) Rural Hockey Manitoba registered female players will be allowed unlimited affiliation to high school teams.
9. It is agreed that affiliation between Hockey Manitoba teams and MHSAA teams will be permitted with the following limitations.
  1.
    - i) Winnipeg Minor registered male players ages 15 to 17, will be available to high school teams as affiliates for all city high school teams. Affiliate players will be available from AA and A hockey categories and will be minor midget or midget players. Affiliate players can only be used to replace rostered players on any team.
    - ii) Brandon Youth registered male players will be allowed to affiliate to high school for a maximum of 5 games prior to January 10th and 5 games after January 10th.
    - iii) Hockey Manitoba 2<sup>nd</sup> year Bantam registered male players in rural Manitoba only will be allowed unlimited affiliation to high school hockey teams. All High School players (including AP'S) must be registered on MHSAA eligibility sheets by November 15<sup>th</sup> in order to be eligible.
    - iv) High school players may play a maximum of 5 league games as an affiliate player, to AAA or Junior A, B, & OA Hockey Manitoba teams. Affiliation is subject to the High School Hockey League approval. A player may not play a sixth game until his/her high school season is completed.
    - v) In rural Manitoba high school male players have unlimited affiliation to Senior A-D and Junior C teams in Rural Manitoba provided permission is received from the High School Coach.
    - vi) Once a student's high school season is completed, the student may play for a higher-level team pending permission from the high school coach and MHSAA.
  2.
    - i) Affiliation lists must be filed by all teams prior to a team using an affiliate player. Failure to file this list prior to using an affiliate player may result in sanctions against the offending coach.
    - ii) All affiliation lists must conform to Hockey Manitoba and MHSAA criteria and deadlines of November 15<sup>th</sup>.
    - iii) High School and Hockey Manitoba coaches shall obtain prior approval from a players team coach before using the players as an affiliate. This must be done prior to each game in which an affiliate player is used (no block agreements are permitted).
    - iv) Winnipeg High Schools Affiliation Procedure: Permission must be requested by the High School Coach and granted by the Minor Hockey coach of the player being considered for affiliation. All infractions by an affiliated player must be reported to the Minor Hockey Division Director of the affiliate player. A Winnipeg Minor Hockey rule book with the names and phone numbers of the Division Directors will be provided to High School coaches by the WMHA
10. 1. Male high school hockey will follow the minimum suspension guidelines as those established by Hockey Manitoba.
11. The High School League Commissioner shall advise the MHSAA office immediately of any suspension of affiliate player that is registered to a Hockey Manitoba team, the MHSAA office will immediately advise the Hockey Manitoba office of such suspensions and provide relative information.
12. Any affiliate player who plays with a high school team and is suspended in high school league or exhibition play must serve the full suspension with his/her rostered team
13. High school hockey's player may only appeal suspensions to the MHSAA (except those suspensions of physical abuse of an official under Minimum Suspension Guidelines).
14. Match penalties involving physical abuse of officials shall be reported to the Hockey Manitoba office.
15. A joint MHSAA Hockey Manitoba Hearing Committee will deal with all match penalties involving physical abuse of an official.
- 16. It is agreed that high school hockey teams should communicate to the Hockey Manitoba office through the MHSAA office. That the Hockey Manitoba office will communicate to high school teams through the MHSAA office. That the MHSAA will communicate with Hockey Manitoba teams/players through the Hockey Manitoba office. Winnipeg High School registration is administered through the WMHA office and all communication of the respective teams should be processed through this office.**
17. Prior to sanctioning of tournaments the MHSAA shall advise to Hockey Manitoba if the tournaments meet Hockey Canada sanction criteria.
18. Manitoba high school teams will be permitted to participate, subject to approval of the MHSAA, against other Branch non-Hockey Canada member high school hockey teams. However, Hockey Manitoba and or the Hockey Canada will not be responsible for actions emanating from such activities and further that the medical and liability insurance programs under which all members are protected will be automatically voided during such activities.
19. A joint MHSAA and Hockey Manitoba standing committee shall be established.
20. All coaches in high school must follow the Hockey Manitoba Coach Model.
21. Tryout Dates: The following tryout dates will be followed for the Winnipeg Minor Hockey/Winnipeg High School Hockey League 2003 – 2004 season. These dates will be posted in the Winnipeg Minor Hockey rulebook.

AAA Tryouts	Start Monday Sept. 8 <sup>th</sup>	Finishes Tues. Sept. 23 <sup>rd</sup>
High School Tryouts	Start Friday Sept. 12 <sup>th</sup>	Finishes Tues. Sept. 23
AA Tryouts	Start Friday Sept. 19 <sup>th</sup>	Finishes Sun. Oct. 5 <sup>th</sup>

22. On approval of this letter of agreement by both Hockey Manitoba and the MHSAA both organizations agree to insert this letter of agreement into their respective handbooks.

## ATHLETE'S CODE OF CONDUCT

As a student athlete at \_\_\_\_\_ School, my personal conduct reflects upon the sport I play, my teammates, opponents, coaches, supporters and me. To be a student athlete at \_\_\_\_\_ school is to accept and adopt the concepts of fair play, respect, dignity, enjoyment and honour in all aspects of my sport participation.

I will conduct myself in a manner, in which my behaviour will not be considered a form of harassment, including comments and/or conduct which is insulting, intimidating, hurtful, malicious, degrading or otherwise offensive to an individual or group of individuals, or which creates an uncomfortable environment. As such, I agree to respect my fellow teammates by adhering to and upholding principles of not engaging in any form of hazing or any form of sexist, racist or discriminatory language and or behaviour.

As a student athlete, I am a representative of \_\_\_\_\_ school and as such, I am expected to conduct myself at all times in an appropriate manner. Poor conduct and other inappropriate behavior reflects upon \_\_\_\_\_ and the school. (Team Nickname)

I will refrain from the use of alcohol or illegal drugs during competition, during practice, in accommodations provided for my team on overnight trips, and while traveling to and from competition.

I am aware of \_\_\_\_\_ school's zero tolerance policy concerning abuse towards officials and as an athlete it is my responsibility to, respect the officials that officiate at all events, tournaments or games.

In addition, I am responsible for ensuring that my behaviour and deportment are above reproach while occupying accommodations while representing the \_\_\_\_\_ school. I am aware that I am personally responsible for any damages that are assessed to the room in which I have been assigned.

I am also aware that \_\_\_\_\_ school is unequivocally opposed to the use of any banned or restricted substances or methods in contravention of the rules of national or international sport federations, the International Olympic Committee or Federation International du Sport Universitaire. As a student athlete, I am also aware that \_\_\_\_\_ school is equally opposed to any encouragement of the use of such substances and methods by individuals in positions of leadership in amateur sport (ie. Coaches, managers, medical practitioners, sport scientists, administrators etc.) or by other student athletes themselves.

Finally, I am aware that as a student athlete at \_\_\_\_\_ school, failure to adhere to the Code of Conduct could result in any or all of the following taking place:

- verbal warning
- written warning
- suspension from the team's next competition
- further suspension depending on severity of offense
- suspension from the team for the rest of the season
- suspension from school
- suspension from extra curricular privileges

Prior to signing this document, I have had an adequate opportunity to read and understand it, I have had an opportunity to ask questions about it, and any questions have been answered to my satisfaction.

Agreed, this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_

\_\_\_\_\_  
Athlete's Signature

\_\_\_\_\_  
Athlete's Printed Name

\_\_\_\_\_  
Sport

\_\_\_\_\_  
Parent's Signature