

2012 Provincial Track and Field Championships STANDARDS

	JV Girls	Varsity Girls	JV Boys	Varsity Boys
80/100mh	14.90	14.13	17.23	15.94
100m	13.82	13.64	12.34	11.87
200m	28.47	27.92	25.14	23.99
400m	1:05.97	1:06.64	56.84	55.06
800m	2:38.00	2:42.10	2:13.59	2:12.43
1500m	5:30.23	5:33.34	4:37.83	4:31.57
3000m	12:27.87	12:19.13	10:15.29	9:53.98
4 X 100	55.62	55.47	52.71	47.27
4 X 400	4:48.95	4:52.29	4:04.85	3:53.49
S.P.	8.24	8.63	12.17	11.86
DISCUS	22.63	24.51	29.03	32.38
JAV.	23.86	26.55	35.17	41.98
L.J.	4.40	4.50	5.26	5.87
T.J.	9.65	9.76	11.13	12.05
H.J.	1.41	1.41	1.61	1.68
Medley	4:53.68	4:56.27	4:10.71	4:03.95
Tetrathlon	1430	1630	1772	2032