

2009 Spring Meets

- 1. April 30 (Thursday) - Interlake School Division Invitational @ Stonewall**
- 2. April 30 (Thursday) – River East Mini meet**
- 3. May 7 (Thursday) – Portage meet (Yellowquill track)**
- 4. May 8 (Friday) – Garden Valley Track and Field Meet (Winkler)**
- 5. May 11 (Monday) - Neepawa**
- 6. May 14 (Thursday) – Royal Rumble in Selkirk**

NOTE: If your hosting a meet, please ensure that it is entered on the online system.

Rural Provincial in Dauphin – May 29 & 30 (Friday/Saturday)

Provincials at U of Manitoba - June 5 & 6 (Friday/Saturday)

(online eligibility registration deadline is May 15)

NOTES:

1. Interlake Track and Field meet

Where: Stonewall

When: Thursday, April 30 starting at 4:00pm

Entry Fee: \$5.00/athlete or \$50.00/school

Schedule

contact Rene Comeault at 322-5586 or email: rcomeault@isd21.mb.ca to enter

2. 4th annual River East Mini Meet

Where: River East Collegiate (195 Sutton Avenue in Winnipeg)(concrete track, grass for throws)

When: Thursday, April 30 – 9am to 3pm

Entry Fee: \$4.00/athlete or \$50.00 per team (only \$25 for schools who run an event)

Contact: Lindsay Bell at 338-4611 or lbell@retsd.mb.ca

NOTES: Please rsvp your approximate number of athletes

- We hope to run a full schedule of events, except hurdles.

3. Portage Open Invitational Track Meet

Where: Yellowquill School Track

When: Thursday May 7th at 4:00 pm

Entry Fee: \$5/athlete (maximum \$60/team)

Contact: Alan Patterson at P.C.I. School

Ph: 857-6843 ext. 1093 or **fax:** 239-5905

Email: apatterson@portal.plpsd.mb.ca

* **Note:** All events will be run except the medley, 4X400, and Tetrathalon. Ribbons will be awarded for top three, please indicate the approximate number of athletes coming from your school.

4. GVC Zodiacs Track and Field Meet

Electronic Timing and Online entries. Deadline for entries May 6th

Meet is to run from 11am to 4pm

- Entry fee is \$5/athlete to a maximum of \$50/school.
- All events except for 4x400

Contact Lorne Warkentine at email: lorne.warkentine@gvsd.ca for entry info and schedule

5. Neepawa Meet

- Start Time: May 11 at 12:00 noon
- \$5/athlete or \$50 per team

-entry deadline is May 1 by email to: bkoscielny@bpsd.mb.ca
Contact: Bryce Koscielny at 476-3305 or bkoscielny@bpsd.mb.ca

- NOTES: - we may have to cap the number of athletes attending
- Sorry no spikes, as all events are on an asphalt surface, except for the Discus and Shotput concrete circles
 - Schools may asked to run an event
 - Please indicate the approximate number of athletes attending the meet

Include a contact email address where a meet schedule can be sent

6. Royal Rumble on the Rubber

Date: Thursday, May 14 at Selkirk Community Stadium at Selkirk Regional Comprehensive, 221 Mercy St in Selkirk, MB

Start time: 10:30 am - Tentative

Cost: \$5 / athlete or \$50.00 / school max.

Contact: Scott Gurney (204)482-6926 ext. 3233 or sgurney@lssd.ca

Entry deadline: Friday, May 8 Please preregister!

Other information: "Sealflex" rubber surface is spike-friendly (recommended 5-7 mm pyramid spikes)(9mm permitted for high jump and javelin). Schools will be asked to run one category of a field event or to help time / judge for one hour. eg. JV Boys shot or finish line



TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY

214-200 MAIN ST. WINNIPEG, MB R3C 4M2 TEL: 204-925-5743 FAX: 204-925-5792 EMAIL: athleticsmb@shaw.ca www.athleticsmanitoba.com

**If you would like your school or divisional meet added to our website listing
please contact the office at 925-5744.**

The Athletics Manitoba Grand Prix's, being held Monday, May 25th and Tuesday, May 26th, have been designated as one of 2 hosts in Canada for recognition of World Athletics Day. In light of this recognition, we would like to offer all MHSAA members free entries into this event.

Meet events and schedule will be available next week at www.athleticsmanitoba.com

Proposed 2009 Outdoor Track & Field Schedule

Tuesday, May 12	* Grand Prix #1	U of M
Monday, May 25	* Grand Prix #2	U of M
Tuesday, May 26	* Grand Prix #3	U of M
Friday, June 12	AM Junior High Champs	U of M
Friday, June 12	GP #4 AM Multi-Event Prov. Champs	U of M
Saturday, June 13	GP #5 AM Multi-Event Prov. Champs	U of M
Wednesday, June 24	GP#6	U of M
Friday, July 3	Prov. Age Class Championships & Canada Games Trials	U of M
Saturday, July 4	Prov. Age Class Championships & Canada Games Trials	U of M

Saturday, July 18
Sunday, July 19

Legion Trials/Juvenile Dual
& Super Meet

U of M
U of M

* Athletes that register and compete in these Grand Prix meets as a high school athlete, may use their performance as a standard into the Provincial Rural Championships in Dauphin or the MILK Championship in Winnipeg. NOTE: It's very important that they attend these meet(s) as a school athlete, with a teacher/supervisor/coach from their school.