



**TRACK AND FIELD / ROAD RUNNING CROSS COUNTRY**

**1st Annual High School Track and Field Series**

This track and field program is open to Athletics Manitoba High Schools (Grades 9, 10,11 & 12)

**Cost per School:** 4 Meet Series plus Championship \$500.00  
Individual meets \$175.00

\*\*\*To become an Athletics Manitoba member school the cost is \$100.

**Meet Information**

Schools may enter as many athletes as they wish in each event, subject to time restrictions.

There are separate categories run for Varsity and Junior Varsity, Boys and Girls.

Complete school rosters must be entered in Hytek 48 hours prior to your schools first meet.

Races 800m and longer will be hand timed.

Meet Schedules will be posted at [www.athleticsmanitoba.com](http://www.athleticsmanitoba.com)

\*\*\*All five meets run at the Max Bell Centre at the University of Manitoba from **1:00 a.m. to 5:00 p.m.** as follows:

Friday, February 5th	Friday, February 12th	Friday, February 26th	Friday, March 12th
60m	60m Hurdles	60m	60m Hurdles
400m	800m	400m	800m
1500m	200m	1500m	200m
Triple Jump	Long Jump	Triple Jump	Long Jump
Shot Put	Shot Put	Shot Put	Shot Put
High Jump (W)	High Jump (M)	High Jump (W)	High Jump (M)
4 x 200m Relay	Distance Medley Relay	4 x 200m	Distance Medley Relay

\*\*MHSAA Specs to be followed\*\*

**Championship Meet to be held Wednesday, March 24<sup>th</sup>. From 12:00 - 5:00**  
**Qualification details to follow.**

**School Requirements**

Each school must supply a minimum of 1 volunteer .

Due to a time restriction, we will have to limit the number of schools accepted. Those schools opting for participation in the full series will get preference.

**Schools are asked to bring their own medical kits as there are no medical personnel at these events.**

Schools will be sent registration information upon confirmation in the program.



# 1st Annual High School Track and Field Series REGISTRATION FORM

Note: Priority given to date of registration (first come, first served) and to those entering all 5 meets.

School: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: Work \_\_\_\_\_ Home \_\_\_\_\_ Fax \_\_\_\_\_

Coach(es): \_\_\_\_\_

Entry Fees: Please mark  below.

\_\_\_\_\_ @\$175.00 = \_\_\_\_\_

\_\_\_\_\_ @\$175.00 = \_\_\_\_\_

\_\_\_\_\_ @\$175.00 = \_\_\_\_\_

\_\_\_\_\_ @\$175.00 = \_\_\_\_\_

OR

\_\_\_\_\_ All five Meets @\$500.00 = \_\_\_\_\_

Total Fee: \_\_\_\_\_

Forms & Fees are due by December 15, 2009

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# WAIVER

On behalf of the Athletes participating in the above mentioned meets, in consideration of your accepting it, I hereby waive their rights and claims for damages against the organizers of the meets, their representatives, successors and assigns, for any and all injuries and losses that the athletes may suffer at these meets.

DATE: \_\_\_\_\_

Coach's Signature: \_\_\_\_\_

Principal's Signature: \_\_\_\_\_