



## 2011 PROVINCIAL HIGH SCHOOL CROSS COUNTRY CHAMPIONSHIP SET

FOR IMMEDIATE RELEASE TO YOUR SPORTS DEPARTMENT

Monday, October 17, 2011:

The Manitoba High Schools Athletic Association is pleased to announce the Provincial High School Cross Country Championships will take place this Wednesday, October 19 at Spruce Woods Provincial Park. The course will be run on the Epinette Creek Trail with approximately 1200 student athletes participating.

The JV and Varsity boys races are 5000 meters while the JV and Varsity girls races are 3000 meters. The races will begin at noon.

Last year's winning teams were:

	<u>AAAA</u>	<u>A-AAA</u>
JV Girls	Miles Macdonell	Glenboro
JV Boys	St. Paul's	Sanford
Varsity Girls	Sisler	Sanford
Varsity Boys	River East	Westgate

The Provincial High School Cross Country Championship will be a showcase for high schools athlete from across the province. After the championship, you can view the results by visiting our home page, [www.mhsaa.ca](http://www.mhsaa.ca).

- 30 -

The convenor for this championship is Ken Friesen at Carberry Collegiate, phone 476-6820 (c) or email [kfriesen@bpsd.mb.ca](mailto:kfriesen@bpsd.mb.ca). During the championships you can also contact Mike Donais at 476-6225 (c) or Greg Jarvis at 793-1948 (c).

FOR FURTHER INFORMATION CONTACT:

Greg Jarvis 925-5642 (W) OR 793-1948 (C)